



High Tide

AUGUST 2019, ISSUE 3



[http://
www.hbamaine.com](http://www.hbamaine.com)

TAKING IT ALL IN - SO MUCH TO DO; SO LITTLE TIME FROM THE EDITOR

What a glorious summer! Scanning Higgins from my bustling corner of Ocean Ave and Greenwood, the sounds of summer give me sensory overload - but it is all good: live music from the inn and clubhouse fills the streets mixed with the sounds of sandy wheeled wagons piled high with beach toys and towels heading for the beach, The Talking Car - (voice of Barbara O'Brien) circles the community calling for "Wednesday morning breakfast! \$2 at the clubhouse!" or the ice cream social, concert, presentation, or craft fair.

So much to do with so little time - summer is short, and making the most of it is the name of the game. Ellen LaPointe has been coming to Higgins Beach for 40 years. She captures her observations and reflections about life on Higgins in short pieces she writes in the evening from her porch which she



calls Dispatch From the Night Porch - see pg. 3

They say: Competition is a good thing. I couldn't agree more! From the Annual 4th of July Parade entries, to securing the best spot on the beach, writing the next Higgins Beach book, designing the signature Higgins Beach logo, to the 44 year running golf competition of US VS. Canada -see pg. 4, there's plenty of fun to be had here.

Higgins Beach is a breeding ground for creativity and inspiration -see pg. 2. It is a place where gifts are expressed and shared in the community in various forms - be it poetry, photography, favorite recipes, unique arts and crafts, or facebook posts - when summer comes, we pour it on and pack it in.

As this season of High Tide comes to a close, thanks to the many of this community who have contributed their gifts. This sacred beach continues to feed, foster, and inspire people in so many ways. Go and recharge for next season. See you in 2020! ~ Karen

IN TOUCH WITH HIGGINS BEACH ALL THE TIME!

www.hbamaine.com is mobile friendly! Up to the minute info - tides, events, weather and more on your smartphone, tablet, or computer.

Additional websites of interest:

www.higginsbeachproperties.com

thebreakersinn.com

www.higginsbeachmaine.com

higginsbeachinn.com

www.mainehealthybeaches.com



HBA

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HBA CALENDAR OF EVENTS – 2019**CLUB HOUSE EVENTS:**

Wednesday Donuts: 9AM
Every Wednesday until August 28th.
Bring your favorite mug! \$2.00

Monday Bridge: 1PM
Every Monday beginning June 24th.
No partner needed!

Presentation: 7PM
Wednesday August 28th - a sharing
of photography by Kristine Hoyt and
poetry by Ann Hammond

Pumpkin Painting: 9AM
Thursday, September 19th.

DR. KRISTINE HOYT PRESENTS: ON HIGGINS BEACH BY ANN P HAMMOND

Dr. Kristine Hoyt will be presenting her photography of Higgins Beach along with the reading of Piper Shore's published poet, Ann Hammond's latest book of poetry, On Higgins Beach to the Higgins Beach Community.

Earlier this summer, the Scarborough Public Library welcomed Ann and Kristine and offered this review: "Ann's sensitive reading augmented with Dr. Hoyt's photos captivated the audience with vivid depictions of one of our local treasures (Higgins Beach)."

Kristine is a world traveler and regular presenter of many "Armchair Traveler" series offered at the Scarborough Public Library. Ann found her calling in writing poetry following her retirement as an educator. She believes it is never too late to find one's passion.

The presentation will take place Wednesday, August 28th at 7PM in the clubhouse. Signed copies of the book will be available for sale. The presentation is free and open to the public.

MORE EVENTS AND NEWS AROUND AND ON THE BEACH**BEACH RAKING 6AM:**

Every Thursday until August 23rd.
Guaranteed coffee, donuts or muffins
and tall tales.

BEACH YOGA 7:30AM:

Meet at the foot of Champion Street
with a mat or towel, and water. There is
no class if it is raining. **Friday Aug. 30th**

BOOK CLUB:

Tuesday Sept 10th - 10AM at Susan
Thompson's House, 1 Ocean Ave Book:
Summer of '69 By Elin Hilderbrand FMI
- 883-2060

WITH SORROW

The High Tide is sad to report the passing
of Eleanor Doherty of Ashton St. Our
condolences to her family. RIP Eleanor.

RETIRED!

Thank you Phil and Sharon Conley for
managing the food at the HBA craft fair.
We are grateful for your service!



DISPATCH FROM THE NIGHT PORCH BY ELLEN LAPOINTE

Have I mentioned that Higgins Beach is a wildly competitive place?

Early Morning Spot Jockeying: competitors rouse themselves from bed before 7am to take a beach blanket, towels, and chairs down to the sand to stake out their “usual” spot before someone else claims it. The funny thing is that everyone takes their same spots every morning, so there is not really a competition going on. But don't tell this to anyone - you'll ruin the fun.

Sand Dollar Surprise: Competitors utilize personal techniques – honed carefully over time or passed down from generation to generation – to scan the beach at the water's edge in a hunt for sand dollars. This can be played as an individual or as a team sport; in the latter, pairs of players often deploy “diversion” and

“false excitement” techniques to feign major finds, causing other family teams to feel envious and/or inadequate, while

surreptitiously making their way to the areas the first team pretended was a treasure trove. Note: the key to winning this game is to BE Jen Cross, or at least be on her team.

Lunch Relay: Players take turns running up to the house for things the family has run out of or forgotten to bring down to the beach in the first place. The object of this game is just to get the stuff you need. Perfect for beginners new to the Higgins Beach Games.

Taken from Dispatches from the Night Porch, a series Ellen publishes on Facebook in which she captures observations and reflections about Higgins life.

I Can Get My Upper Body Into The Still-Very-Cold Atlantic Waters Faster Than You: This is fun for families out on the beach on especially hot days. Pro-tip from Ellen: Simply say “I am not playing,” and enjoy your book while everyone is gone to the water, screaming about how cold it is. And speaking of books...

Donut Line Marathon: Line up in front of the Higgins Beach Clubhouse at an impossibly early hour on Wednesday mornings to be among the first to get a donut and coffee for \$2. (Picture the dance marathons of the fifties, with exhausted couples leaning heavily on one another in a sluggish embrace as they try desperately not to fall to the floor and face disqualification. OK that may be a slight exaggeration, but it is not as far-off as you might think).

The hilarious thing about this game: there are actually plenty of donuts for everyone!

Who Can Read the Most Books in Two Weeks? No instructions needed. We are all playing for second place in this one. My wife, Jen is going to win.

Large Vanilla Soft Serve Olympics: Players eat a big ice cream every single day of the trip. The competition actually happens inside the ice cream hut, as high school students working there for the summer compete to see who can make Ellen the biggest one. Guess who wins?!?

Cribbage: Jen and Ellen play a game of cribbage over dinner every night. They enjoy it, and each insists that the other is winning more games and tournaments than the other. But they don't actually keep track of this because really, who cares?



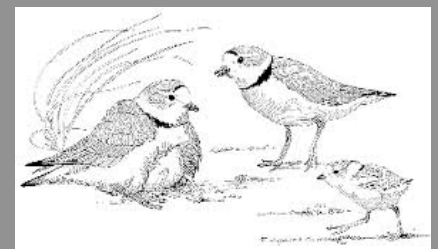
Piping Plover Protection

The eastern end of Higgins Beach (down by the Spurwink River) is owned by the Maine Department of Inland Fisheries & Wildlife. Please note that this property is roped off with “No Trespassing” signs to protect our nestling and roosting endangered Piping Plovers. Beach walkers are asked to respect the roped off area. Department biologists and volunteer monitors are easily identifiable and happy to answer any questions you may have.

IMPORTANT

Dogs are prohibited from trespassing on the eastern end of the beach beyond Champion Street from April 1 - Labor Day. Dogs are welcome on the west end of the beach. The following rules apply:

Dawn - 9AM: Dogs allowed off leash under voice command.
9AM - 5PM & Dusk to Dawn: Dog's are prohibited.
5PM - Dusk: Dogs permitted on leash. Thank You!



REMINDERS AND TIPS:

- Don't get locked in! The public parking lot is open 5:30AM – 9PM sharp!
- Make your reservations; Dinners sell out quickly!
- The clubhouse is available May 14th – October 10th (excluding HBA events). Members wishing to hold a private event should call Sue Naiden: 239-6421

TEAM USA BEATS TEAM CANADA IN THE 44TH ANNUAL GOLF WITH FRIENDS!

The 44th annual Golf with Friends - a competition of US Vs. Canada ended in a tie this year. This tradition began 44 years ago by Bo Martin. The tournament is played over three weeks at three golf courses. This year 25 players participated playing 43 rounds in blazing hot weather. Here are the results:

Valhalla Golf Course - July 24th

Low Net Rounds shot by:

Rocky Fenzilli	68
Peter Rabbit	69
Tom Murphy	69

Riverside Golf Course - July 31st

Low Net Rounds shot by:

Roger Chabot	61
Tom Murphy	64
Fred Oehrlein	64
Rocky Frenzilli	66
Robert Troccoli	69

Nonesuch River Golf Club - August 8th

Low Net Rounds shot by:

Roger Chabot	62
Rocky Frenzilli	68
Dale Carroll	69
John Perrin	71

Fred Oehrlein 71

Over All Best Individual Play - 2 rounds or more

Average Net Score:

First: Jim Greenleaf	68.5
Second: Tom Murphy	71.6
Third: Dale Carroll	72.5

Lowest Gross Scores:

Dale Carroll	79
Roger Chabot	82 & 83
Tom Murphy	85
Fred Oehrlein	86
Rocky Frenzilli	86, 88 & 88
Robert Troccoli	89

Best Two Individual Foursome Net Best Ball Teams:

First: Bob Westburg, Roger Chabot, Fred Oehrlein, Wayne Lopez
 Second: Dale Carroll, James and Alex O'Reilly

Based on the Average Net Score of Round played, Team USA beat Team Canada 69 to 70. Congratulations USA!

Next year's three golf dates are being planned for Wednesday or Thursday the last week of July, and first two weeks in August. FMI check www.hbamaine.com.

HBA CRAFT SHOW AND BAKE SALE - A SUCCESS! THANK YOU FAYE BLAISE AND SUSAN OSBORNE!



Margie Burke's HB Sign Post - one of three winning logo Designs



Robert Troccoli's offers up cherry pie!



Lynn Shryock HB merchandise and Logo Design Chair



Sue Osborne - Bake Sale Chair shares a moment with HB neighbors



Faye Blaise - Craft Fair Chair

News stories, announcements, photos are always welcome! All material is subject to edit due to timeliness and space. Deadline for material is the 10th of each month (June – August).

Send content via e-mail to: kvachon59@gmail.com. Please put HIGHTIDE in the subject line. Thanks!