



High Tide

JUNE 2018, ISSUE 1



[http://
www.hbamaine.com](http://www.hbamaine.com)

COMMUNITY STRONG - LET'S BRING ON SUMMER! FROM THE EDITOR

Living in an age where life's busy schedules and distractions have caused once united communities to fragment and isolate, it is refreshing to see this isn't happening at Higgins Beach. Thanks to the Higgins Beach Association, local businesses, volunteers, and residents – community is strong and summer is when we pour it on.



Around the beach we have our regular routines and little chores. The dogs need to be walked, gardens

thinned and weeded, the seaweed is raked, beach plovers are protected, our water is tested, litter is meticulously picked up, and High Tide's are delivered – all of these activities are great ways to connect and build community.



Our local businesses – realtors and rental agencies –

Scott & Sunny Townsend; Steve Seabury and Lisa Jesmain, The Higgins Beach Inn and Shade's Restaurant; The Breakers, and the Higgins Beach Market – go far and beyond just doing regular business; they are integral pieces to optimizing the Higgins Beach experience. *(Cont. P4 - Community)*

INTOUCH WITH HIGGINS BEACH ALL THE TIME!

www.hbamaine.com is mobile friendly! Up to the minute info - tides, events, weather and more on your smartphone, tablet, or computer.

Additional websites of interest:
www.higginsbeachproperties.com
www.higginsbeachmaine.com
www.mainehealthybeaches.com



HBA

Board of Directors – Officers:

Roger Chabot – President
883-3925

Maura Gwyer – Vice President
883-2475

Allen Dillaire – Treasurer
508-479-7199

Sue Naiden – Secretary
239-6421

Board Members:

Bill Eager 883-9612

Barbara O'Brien 883-3587

Ceile Day 807-4878

Peter Rabbitt 883-6536

Giff Reed 883-6465

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Membership:

Steve Seabury
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HBA CALENDAR OF EVENTS – 2018**CLUB HOUSE EVENTS:**

Wednesday Donuts: 9AM
Every Wednesday until August 29th.
Bring your favorite mug!

Monday Bridge: 1PM
Every Monday from July 9th -
August 27th. No partner needed! If
you want to learn the game, show
up at 12:45PM for a 15 minute
lesson.

Concert: 7PM
Tuesday July 3rd, Don Campbell
Thursday, July 12th. Macisso
Brothers and Susie Pepper

Sunday Ice Cream Socials: 6:30PM

Get the scoop! July 15th & 29th;
August 19th.

Evening of Poetry: 7PM
Tuesday August 7th with David
McCann.

**Craft Fair and Bake Sale: 9AM -
4PM**
Friday August 10th; Saturday
August 11th.

Pumpkin Painting: 9AM
Thursday, September 20th.

Wednesday Night Dinners: 6PM
Here's what's Cooking:
July 11th: Moe's Smoked Turkey &
BBQ Ribs
July 18th: Prime Rib
July 25th: Espos Italian
August 1st: Lobster Bake
August 8th: Panda Garden Chinese
August 15th: Baked Stuffed
Haddock

For tickets call Glennis: 883-3925 or
John Veltri: 883-3585

4TH of JULY EVENTS:

**Parade Theme: United States of
America- 4pm.** Please see website
for parade form registration!

**ATTENTION: We love 4th of July
community fireworks!**
**Scarborough has new ordinances
regarding fireworks. For the
protection of people and property,
and your wallet (we don't want you
to get fined!) - see HBA website.**

OPEN GOLF:

July 25th - Riverside - 10:30AM
August 2nd - Valhalla - 10:20 AM
August 9th - Nonesuch - 10:12 AM
FMI call Tom Murphy: 207-883-2246

BEACH RAKING 6AM:

Every Thursday from June 28th
until August 23rd. Guaranteed
coffee, donuts or muffins and tall
tales. Meet at the beach!

MORE EVENTS AROUND THE BEACH

BEACH YOGA:

Scott and Sunny Townsend are the hosts of this complimentary one-hour vinyasa flow class with a professional instructor. All levels are welcome. Meet at the foot of Champion Street at 7:30 AM with a mat or towel, and water. There is no class if it is raining. Yoga dates as follows:

Tuesdays: June 26; July 3,17,31;

August 14, 28;

Fridays: July 13,27; August 10, 24

T-SHIRT CONTEST:

The whole Higgins Beach community experience is not complete if you don't don your Higgins Beach attire and paraphernalia. And what's more fun than new stuff and new designs. Hence, we invite all Higgins Beachers with active imaginations to create a new Higgins Beach design or designs. You may either submit to merchandise table during *continued on pg. 4*



Piping Plover Protection

The eastern end of Higgins Beach (down by the Spurwink River) is owned by the Maine Department of Inland Fisheries & Wildlife. Please note that this property is roped off with "No Trespassing" signs to protect our nestling and roosting endangered Piping Plovers. Beach walkers are asked to respect the roped off area. Department biologists and volunteer monitors are easily identifiable and happy to answer any questions you may have.

*****IMPORTANT*****

Dogs are *prohibited* from trespassing on the eastern end of the beach beyond Champion Street from April 1 - Labor Day.

Dogs are *welcome* on the west end of the beach. The following rules apply:

Dawn - 9AM: Dogs allowed off leash under voice command.

9AM - 5PM & Dusk to Dawn: Dog's are prohibited.

5PM - Dusk: Dogs permitted on leash. Thank You!

HIGGINS BEACH MARKET HAS NEW OWNERS BY HARRY MOODY

When the "For Sale" sign at the Higgins Beach Market came down last year, we all wondered what the new owners were planning and what would become of this iconic business. Dating back more than seventy years, the Market was originally a farm stand, selling a local farmer's summer produce. Known simply as "The Fruit Stand" to generations of Higgins Beach residents, the Market has evolved under subsequent owners to offer new products from Thanksgiving Turkeys and



Christmas Trees to sandwiches, beer and wine, fancy coffee and most recently ice cream. And, of course, local produce. The addition of a sidewalk a few years ago, brought more traffic to the stand; for many, it became a daily ritual to walk to the top of Ocean Avenue to meet friends and neighbors who talked over a cup of coffee, ice cream cone or sandwich at the Market. *Continued on pg. 4*

REMINDERS AND TIPS:

- Don't get locked in! The public parking lot is open 5:30AM – 9PM sharp!
- Make your reservations; Dinners sell out quickly! \$15/adult, (\$20 Lobster & Prime Rib)
- The clubhouse is available May 14th – October 10th (excluding HBA events). Members wishing to hold a private event should call Sue Naiden: 239-6421

Cont. P1 - Community

The Higgins Beach Inn kicked off summer with a block party on June 12th.

Talking with neighbors and friends, the topic of the High Tide came up: "Don't forget to tell people about beach yoga" said Sunny Townsend;



"check with Melissa Carrifio to make sure we have all the names for memorial", requested Glennis Chabot; "have you met the new owners of the Higgins Beach market?", asked

Harry Moody. "Can you get the High Tide out earlier this year" (Uh-oh!) asked Roger Chabot. I wonder where Lisa Jesmain and Steve Seabury are, because I sure could use a good photo or two!!



One way or another, it all comes together. The High Tide celebrates community.

Announcements, contributing articles, story ideas – all are welcome. Please e-mail

me at kvachon59@gmail.com. Please be sure to put High Tide in the subject line. Welcome to Summer 2018. Enjoy! ~ Karen

Cont. P3 - T-Shirt Contest

Wednesday donuts or ice cream socials, or you may scan and e-mail to:

higginsbeachtshirts@gmail.com.

Your design should fit on a 8.5 x 11 inch sheet of paper. The winning design will be featured on t-shirts for the summer of 2018. In addition to fame and celebrity status in the Higgins Beach community, there will be a prize for the winning design. All ages are welcome. There is no limit to the number of designs you enter. Remember to include your name, telephone # and e-mail address with your entry.

Cont. P3 - Higgins Beach Market

It was that feeling of community that attracted new owners Elsa and Morgan Schafer to the Market when they visited their daughter and her family who live nearby. The Schafer's have worked in restaurant and food industry across the country from Texas to New York; when they saw our little Market was for sale, they decided to make Maine their home. "I'd like to see my grandchildren (twins) run this business one day" Morgan told me.

The Market will continue to be a seasonal business. The Schafer's will be open seven days a week from 7:00 AM to 7:00 PM with extended hours during July and August. They continue

to offer the wide variety of convenience products and edibles, including traditional Maine Lobster Rolls and Gifford's Ice Cream. And coming soon fish taco's! Local produce and Maine Made products of all kinds fill the shelves, from Stonewall Kitchen™ sauces to local craft beers. Higgins Beach tee shirts, Seabag™ made in Portland from ship sails, bird feeders made from recycled lobster traps and local craft items round out the offering. And don't forget to try the pastries baked in house with your next cup of coffee.

Stop by the Higgins Beach Market and join us in welcoming the Schafer's to the Higgins Beach community.

IN MEMORIAM: WE REMEMBER OUR HIGGINS BEACH RESIDENTS WHO HAVE PASSED THIS YEAR

William Meyer - Houghton Street
Thomas Curley - Vesper Street
Beverly Libby - Vesper Street

Paul Sherr - Cliff Street
Joyce Dimick - Vesper Street
Marilyn Veltri - Morning Street

Jack Mitchell - Cliff Street
Greg Douglas - Ship Wreck
Forever in our hearts, RIP.

News stories, announcements, photos are always welcome! All material is subject to edit due to timeliness and space. Deadline for material is the 10th of each month (June – August).

Send content via e-mail to: kvachon59@gmail.com. Please put HIGHTIDE in the subject line. Thanks!