

HiGGiNS BEACH ASSOCIATION HiGH TiDE NEWSLETTER



February 2022

HBA By-Laws Committee Update

The Committee continues to review the By-Laws Article by Article.

In the month of January, the Committee vetted, selected, and requested the Board approve our Attorney recommendation. I am happy to report the Board accepted and approved our recommendation. Emily T. White, from PretiFlaherty will be our Attorney to advise, file the necessary documents, and legally represent HBA for the By Laws revision. Our meetings with her start this month.

We are wrapping up our discussions on Articles IV - Membership, Article V - Membership Meetings, and Article VI - Notices. In February, we will be discussing Article - VII Quorum and Article VIII - Election of Directors, along with other directives and suggestions from Emily.

A reminder the By-Laws Committee is:

Chair: Tom Roche, Committee Members: Annie Allen, Melissa Carifio, Dick LaRou, Sue Naiden, Jeff Perkins, and Jeff Tounge

As always please feel free to discuss the By-Law Articles with any Committee Member or email comments to HBA_ByLaws@outlook.com, all comments will be discussed in our meetings.

Tom

Higgins Highlights
Hanna Blaise

"Love comes in all shapes and sizes..."



Having lost both of my parents at a young age, my mother-in-law, Hanna Blaise, became such a gift to me. When we permanently moved to Higgins Beach in 1998, she joined us and we had the pleasure of her company for 14 years. One of our enjoyments was to walk the beach looking for little treasures (sand dollars, sea glass, etc.)

Mom was a pretty, little woman with white hair and gorgeous blue eyes. She was kind, caring, supportive, helpful, funny and had such a wonderful sense of humor. Everyone who knew her fell in love with her. She never interfered and certainly didn't want to be a bother or burden to us. She drove her car, which was a standard shift, until the age of 92, One day she handed the keys to Ed and said she had a near miss and didn't want to drive anymore. She was sharp as a tack and embarrassing to me because she remembered everything and always knew and accepted her limitations.

At Christmas time, together we made approximately 2-3000 cookies that were given out to family and friends. Her recipes were like no other cookies, delicate shortbreads, refrigerator, and thin crispy wafers. Anyone who has had these cookies will attest to their uniqueness.

After having a detached retina and the onset of macular degeneration, she made the decision to move into an assisted living facility in VT close to her daughter. Mom lived there until she passed away at age 98.



I not only lost my mother but my best friend and I knew her love for me was mutual. After her passing, I began to find hearts, some of stone others in driftwood.

At Christmas time when I am making her cookies, she is still with me and even somehow manages to turn Ed's favorite refrigerator cookie into a heart shape.

Whenever I find a heart shaped object, it makes me smile to know she still is sending her love!

Faye Blaise

PWM Air Traffic Over Higgins Beach Community



The Portland International Jetport is improving its primary runway, this occurs every 15 - 20 years. During the time frame of April 18 - June 13, 2022 all air traffic in and out of the Jetport will be operating on the airport's secondary north-south runway. This will lead to a

significant change in air traffic over Portland, South Portland, Scarborough, and Westbrook.

What does this mean for Higgins Beach? You will notice more planes flying over Higgins Beach. Keep in mind it is temporary, but you will see increased air traffic over the Beach. Updates will be available on: www.portlandjetport.org/runway.

6th Generation Beach Boys!



Emery Harper Sinnett, was born on January 18th to Dave and Sara Sinnett. Both Emery and his brother Reid are 6th generation Higgins Beach boys!

Excited Grandparents are Chan and Kathie Sinnett. They are having lots of fun with them, and look forward to some beach time soon!

Summer fun!
Get Involved with Higgins Beach Association
Volunteer Opportunities



After a two year Hiatus the HBA craft fair is back! Friday August 5th 9-4 and Saturday August 6th 9-3 Please contact Jessica Perkins at jessicabperkins@gmail.com to volunteer to help out or if you have any questions.

The Communications Committee is looking for a few volunteers to serve on a sub committee to help research options for our Association Website. Please contact MaryBeth Shapiro mshapiro@me.com to be a part of the fun!



Higgins Beach Merchandise Committee is back also. If you have ideas for types of merchandise or would like to serve on the committee, please contact Lynn Shryock 5lynnmcs5@gmail.com



The 4th of July celebration is in the planning stage. At this point, we are hoping for a return to the traditional parade and barbeque with the possibility of adding last year's cottage decoration to the event. If you are interested in getting involved in the planning, please contact me at dmgarofalo@gmail.com or (207)831-9864 **by March 1**. We will be preparing a recommendation to the Board at the end of March and will announce our plan in the April High Tide.

Whether you are one of our committed long time volunteers or someone who wants to get involved for the first time, please let me know. We are hoping many of our historical volunteers will continue their involvement while, at the same time, we get some new members involved in this fun event. We need all the help we can get!

Opportunities for volunteering include parade planning, barbeque planning, food preparation, cooking, serving and clean up, judging and liaison with town officials.

And, we would like to hear everyone's ideas about the theme for our 2022 celebration! Please submit your entry for the celebration theme and any other suggestions for the July 4th event by **March 1**.

Let the planning begin for this fun celebration!

Storm Damage

Higgins Beach took a big hit from the January storm. The full moon and residuals of the Florida weather front, created a doozy of a Southeaster with offshore waves over 30 feet, surges up to about three and a half feet and very high water levels. Sadly there was increased erosion and damage to several of the wooden stairs.

Photos submitted by Robert Troccoli and Dave Stahelski

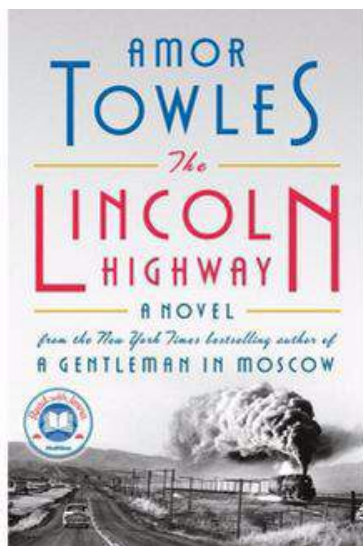








Book Club Barbara Bombaci



HBA Book Club hosted the first meeting of the new year by Zoom with Molly Oehrlein leading off with a review of the author as well as the book, Olive, Again. There was a lively discussion about Olive. Although Olive, Again got mostly rave reviews in the media, our group had mixed feelings, some loving it, and most concluding that they enjoyed reading Olive, Again more than Olive Kitteridge.

Join us on

Friday, March 4 at 10:30 am EST

The Lincoln Highway

by Amor Towles

[click here](#) to be added to the

Book Club email list

Before reading the book you'll find it interesting and helpful to watch the author's brief intro to the book at <http://amortowles.com>

Members suggested some other books, to keep us busy during these cold days.

The Feather Thief by Kirk W. Johnson

The Red Address Book by Sofia Lundberg

The Book of Lost Friends by Lisa Wingate

Cloud Cuckoo Land by Anthony Doerr

Salt to the Sea by Ruta Sepetys

We're always on the lookout for a good book, so share any finds...please!

Mailbox Woes

With the winter weather Higgins has had

recently the plows have been out and about clearing the road. In the event that a Town plow damages your mailbox, the town of Scarborough will replace it at no cost to you. For more information, please contact us at pwinfo@scarboroughmaine.org or 207.730.4400.



What We Love about Higgins!

Grandma Susie

Something our family loves about Higgins Beach is its gift of tradition, granted to us by my mother-in-law Susie Atherton (2/5/45-4/24/21). We would not be Higgins Beach-goers if it were not for Susie, the daughter of Fred and Libby (Pennock) Atherton. She taught us how to play cribbage and that the best sand-dollaring is by the rock at low tide. She taught us to laugh really hard at really bad jokes and that wearing ridiculous hats is appropriate in "old time" and "new time." She told us stories of what Higgins was like when there was a dance hall and a bowling alley and how her grandmother would wear a long dress and carry a parasol on the beach.



We've added our own traditions over the years with walks to the lobster mailbox and Amato's Italians for lunch. We love reminiscing as we walk past "our" old rental cottages like the Stetson Cottage on Houghton, Scottie's Cottage on Ocean and the Two Sisters Cottage on Ashton, at least one of which witnessed Grandma Susie on full-time potty-training duty. When all the kids were small, we would walk behind them and toss beach rose buds in the air just ahead of their bikes or strollers to exclamations of: "It's Sky Apple season again!! The Sky Apples are falling!" After the walk, someone was sure to ask Grandma Susie to make a Sky Apple pie, hence the name of our cottage on Greenwood, a property that we've been lucky enough to own for almost 20 years. The "Sky Apple 2"

may look new, but be assured that picking your favorite spoon out of the drawer, sitting at the puzzle table on the front porch, and pegging "trente et un pour deux" will continue. We will tend the flowers that Susie planted in the new gardens, and someone will make her squash rolls on holidays and her fish chowdah in the summer.



We are so lucky that our daughters have also relocated to this area and that Scott's siblings, Fred and Betsy, never miss a summer bringing their kids Anna & Otto and Kieran & Margaret to Higgins where we all gather for cocktail parties and lobster dinners with summer friends and extended family.

On June 12, 2021, our oldest daughter, Libby, who had been planning a Higgins Beach wedding since she was five years old, married Leif Catania on the Sprague property overlooking Higgins Beach with sister Allison as maid-of-honor and plenty of Higgins friends and family in attendance. And so it is that on this Valentine's Day, we are full of love for Grandma Susie and thankful that the traditions she gave us are destined to continue. She is forever in our hearts and minds at Higgins Beach.

Molly Oehrlein





We **LOVE** all our Higgins Beach healthcare workers. We are so grateful to them for helping us all thrive during this pandemic. The photo above is Board Member, Céile Day, RN who works in Labor and Delivery at Maine Medical's Family Birth Center.



I love Higgins Sunrises and Sunsets,
Clam Flats and Clean Surf- Gretchen
Mikeska



I love the fact that you can almost always hear the sound of the surf at any time, from anywhere on the beach.

I love that I feel closer to my summer neighbors than I do my year-round neighbors back home.

I love coming over the rise on Ocean Avenue and catching my first glimpse of the ocean.

I love the waterfalls that form in the tidepool rocks 2 hours before high tide and 2 hours after.

I love how strangers will look you in the eye and say hello when you encounter them (for the most part!)

I love an epic boogy board or great body surf ride.

I could go on all day, but these will do for now. Paul Callahan



Sandy Toes and Salty Kisses

Chris Nesbitt

BOARD OF DIRECTORS

Terry Cain, Glennis Chabot, Céile Day, Tom Ferrucci, Sue Naiden,
Barbara O'Brien, Jeff Perkins, Al Pevarnek, MaryBeth Shapiro

Please let friends, family and renters know past editions of the High Tide can be
found on our website

<https://www.hbamaine.com/hightide.html>

**The opinions, beliefs and viewpoints expressed by the various authors of
articles submitted to this publication are their own. They do not necessarily
reflect the official policy, opinions, and viewpoints of the Higgins Beach
Association.**

